

New OST Prices Starting November 1

Pups – 40 + 20.00 per extra sessions

Dawgs – 50 + 25.00 per extra sessions

White – 70.00 per month

Red – 80.00 per month

Black – 90.00 per month

- Most of the money in the price changes will go to pay for the 4 new coaches we've hired.
- When we travel, or host meets, this will allow for me to pay the coaches too come with. These meets sometimes last 8-12 hours per day. Current dues would not allow me to pay for them to help coach at meets (this would include hotel costs and food). Having them at meets is vital to our success.
- We will also be purchasing specific dryland and training gear for the team.
- The Pups and Dawgs group have the option to swim extra times each week. This is something they will sign up for at the beginning of the month. Pups is 40.00 minimum per month for 2 practices per week, if they want to swim more they will pay 20.00 per session. Again, this is something they will sign up for at the beginning of the month. Dawgs is 50.00 minimum for 2-3 swims per week. If they want to do a 4th practice, it will be an extra 25.00.
- The prices for the next three groups are based on the number of hours they are training each week, the number of coaches that will be at their practice, and better reflect what the prices are for other competitive programs in the state/area.
- As a reminder, to compete in meets dues must be current. If you have questions about months already paid for or if you are unsure if you are current then please email me.